

MEDICAL ELIGIBILITY FORM

IMPORTANT:

This Medical Eligibility Form ("Form") will be retained by CrossFit, LLC's Head of Safety and shared with authorized members of the 2026 CrossFit Games Medical Staff.

This Form must be completed in its entirety by a licensed physician (e.g., MD, DO as permitted within legal guidelines). Medical eligibility clearances provided by chiropractors will not be accepted.

Athletes outside of the United States without access to a U.S.-licensed physician must have this Form completed by a Doctor of Medicine (MD/DO) or equivalent who holds a full, unrestricted license to practice medicine.

Medical eligibility without restriction is required for participation in the CrossFit Games. Upload the completed Form via this [Google Form link](#) no later than June 12, 2026. Athletes attempting to qualify via the Online Qualifier and/or identified as potential backfills are strongly encouraged to submit their Form no later than Friday, June 12, but required to complete and submit their Forms no later than Wednesday, July 1.

Any Form submitted in an incomplete or incorrect manner will be deemed deficient and returned to the athlete for resubmission, which must occur no later than June 12, 2026.

The CrossFit Games is a demanding multi-day competition that rigorously assesses athletes' physical capabilities across diverse modalities, emphasizing high-intensity efforts and adaptability to unforeseen challenges. To inform medical clearance, healthcare providers should note that CrossFit Games athletes must exhibit proficiency in:

- **High-Intensity, Multi-Modal Capacity:** Events incorporate elements such as Olympic weightlifting, bodyweight gymnastics, cardiovascular endurance tasks (e.g., running, swimming, cycling, or rowing), and integrated workouts performed at near-maximal exertion, often combining aerobic and anaerobic demands.
- **Varied and Unpredictable Demands:** Athletes engage in numerous events spanning three to five days (typically 10-15 events in total), with limited recovery periods between them. Workouts frequently feature novel or unannounced components, including obstacle courses, heavy lifts, skill-based movements under fatigue, and functional tasks that test overall resilience.
- **Environmental and Physiological Stressors:** Portions of the competition may involve exposure to extreme conditions, such as high heat, humidity, or adverse weather, necessitating robust cardiovascular health, muscular endurance, and the ability to maintain performance amid physiological strain.

ATHLETE'S NAME: _____

DATE OF BIRTH: _____

The following information is being shared with the permission of the athlete to provide for athlete safety and rapid response to emergency situations:

Allergies: _____

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Medications: _____

Medical Conditions (e.g., asthma, Type 1 diabetes mellitus, heart conditions, sickle cell trait): _____

Other Relevant Information: _____

☐ Medically eligible for the 2026 CrossFit Games without restriction.

☐ Not medically eligible pending further evaluation. Please provide the additional evaluation required:

☐ Not medically eligible for the 2026 CrossFit Games.

I have examined the athlete named on this Form and completed a preparticipation physical evaluation. The athlete exhibits no apparent clinical contraindications to competing in the CrossFit Games. A copy of the physical examination findings is on record in my office and can be made available to authorized members of the CrossFit Games Medical Staff upon the athlete's request. If any conditions arise after the athlete has been cleared for competition and become known to me, I reserve the right to rescind medical eligibility until the issue is resolved.

Name: _____

Phone #: _____

NPI # (U.S. providers only): _____

Date: ____ / ____ / ____

Address: _____

Signature: _____